

Health & Safety – First Aid Responder Refresher Training Course

ADARE HUMAN RESOURCE MANAGEMENT

2nd Floor, 43-51 Temple Grove House, Temple Road, Blackrock, Co. Dublin

*Leading Experts in Employment Law, Industrial Relations, Health & Safety and best practice
Human Resource Management in Ireland*

1. First Aid Responder Refresher

For the PHECC FAR award, the refresher course is currently not less than 12 hours including assessment but excluding breaks, averaging 6 hours instruction per day. Again the course is limited to 6 people per instructor. Where training for an occupational first aider lapses, PHECC FAR refresher training is required if the lapse is less than 30 days, otherwise the full 3 day training is required.

<p>Duration This course is 12 hours usually over 2 days with a maximum of 6 participants per instructor.</p>	<p>Fees Available upon request</p>
<p>Objectives You can expect the course to be delivered by a combination of presentations, demonstrations and lots of practical sessions. The CFR part of the course takes about 4-5 hours and is DVD led. The assessment will be skills based and a short multiple-choice question exam designed to reinforce the knowledge and skills learnt on the course. This refresher course is provided by registered Instructors who are ex-Paramedics of Dublin Fire Brigade, the main provider of emergency care in Dublin. Successful Participants will be enabled to;</p> <ul style="list-style-type: none"> • Ensure their own safety and that of others, • How to deal with life threatening conditions until arrival of emergency medical services (EMS), • Provide basic First Aid Response which are not life-threatening but are required to prevent further harm - e.g. stop small bleeding - before the emergency medical services arrive. • To provide care conducive to their training and display the personal skills while understanding their limitations. • Provide cardiac pulmonary resuscitation (CPR) to include the use of an defibrillator (AED) <p>All successful course participants will be given a joint PHECC/recognised institution FAR card/certificates. The certificate will expire after 2 years when you may recertify again.</p>	
<p>Course Content</p> <ul style="list-style-type: none"> • Patient Assessment • Incident Procedures • Cardiac First Response (Community) • Common Medical Emergencies • Injury Management and Shock • Care of the Unconscious Patient • Hypothermia and Hyperthermia • Information Management • Communications • The Well Being of the First Aid Responder 	

Contact Us

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