2020



Health & Safety – Patient/People Handling Training Course

ADARE HUMAN RESOURCE MANAGEMENT

2nd Floor, 43-51 Temple Grove House, Temple Road, Blackrock, Co. Dublin

Leading Experts in Employment Law, Industrial Relations, Health & Safety and best practice Human Resource Management in Ireland



1. Patient/People Handling

Patient handling risk assessments should commence either on admission of a patient or if that is not possible as soon as possible thereafter. Where a patient cannot move independently and manual handling by the employee is needed, an individual patient risk assessment will be required. A patient handling/mobility care plan can be developed following risk assessment. The assessment will include the manual handling needs of the patient and the safest way of undertaking these tasks. Examples of some patient handling aids include height-adjustable patient trolleys, stretcher attachments to hoists, sliding sheets, transfer boards, overhead hoists, mobile hoists and hoist slings.

Duration

This course is 4 hours long with a maximum of 12 participants. A prerequisite for this course is a current certificate in manual handling. Manual handling can be offered as a 1 day course to include patient/people handling course.

Fees

Available upon request

Objectives

The objective of patient/people handling training course is to provide participants with the knowledge, skills and attitude to enable them to lift and move people in accordance with best practice in manual handling and people handling techniques in order to avoid the risk of injury. Our QQI (formerly FETAC) accredited Level 6 instructors are highly experienced regarding the consequences of incorrect lifting and musculoskeletal disorders.

- Training should be part of an overall strategy to reduce risks associated with manual and people handling;
- Staff will need to be instructed on the safe use of equipment and this can be achieved through formal and on-the-job training;
- Training should include the results of the risk assessments with the resulting control measures and be focused on problem solving skills as well as practical handling skills;
- Training should be based on caring with minimal handling;
- How much help the patient needs;
- The weight and height of the patient;
- Lift and handle patients safely.

Participants, who after successful completion, will receive a certificate which must be refreshed every 3 years.

Course Content

- OSH Legislation
- Risk Assessment T.I.L.E.
- Principles of levers
- Anatomy of the spine and muscular system
- Consequences of incorrect patient handling techniques
- Importance of physical fitness
- Personal protective equipment PPE
- Assisting patient movement
- Patient handling aids & techniques



Contact Us

Our Dublin Office address is:

Adare Human Resource Management 2nd Floor 43-51 Temple Grove House Temple Road, Blackrock Co. Dublin A94 R8Y9

Our Shannon Office address is:

Adare Human Resource Management 4240 Atlantic Avenue Westpark Business Campus Shannon, Co. Clare V14 HC78

Contact Us: <u>info@adarehrm.ie</u> / (01) 561 3594 / (061) 363 805

Visit Us: www.adarehrm.ie

Follow Us:





Adare HRM Adare Human Resource Management

