

Health & Safety – Cardiac First Responder (AED) Training Course

ADARE HUMAN RESOURCE MANAGEMENT

2nd Floor, 43-51 Temple Grove House, Temple Road, Blackrock, Co. Dublin

*Leading Experts in Employment Law, Industrial Relations, Health & Safety and best practice
Human Resource Management in Ireland*

1. Cardiac First Responder (AED)

The Cardiac First Responder (CFR) course is suited to those who may be required to respond to a sudden cardiac arrest, heart attack, foreign body airway obstruction/choking, stroke or unconsciousness in the workplace setting, at a sports/social club, in the home or in their community as first responders. The course is also ideally suitable staff in a shared premises where an Automated External Defibrillator (AED) has been installed and available to all.

<p>Duration This course is 4 hours long with a maximum of 6 participants.</p>	<p>Fees Available upon request</p>
<p>Objectives Participants will learn the basic techniques of cardiopulmonary resuscitation (CPR), how to use an AED and the action to take in the event of choking, stroke intervention and unconsciousness for both adults and children. The key features with regard to the chain of survival are covered, i.e. early access, early CPR, early AED, Advanced ALS Care, and Early Post Resuscitation Care. All successful course participants will be given a joint PHECC/recognised institution FAR card/certificates. The certificate will expire after 2 years when you may recertify again.</p>	
<p>Course Content</p> <ul style="list-style-type: none"> • CPR for adults, children and infants • Automated External Defibrillator (AED) • Foreign Body Airway Obstruction (choking) in adults, children and infants • Administration of Aspirin in 300g doses • Assessment and treatment for Stroke to include FAST Assessment • Heart Attacks and Angina care and treatment • Patient Recovery position 	

Contact Us

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